



Greater West Dayton Incubator Has New Director

The University of Dayton has named alumna, educator, community advocate and entrepreneur Juanita-Michelle Darden as director of the Greater West Dayton Incubator.

Darden brings experience founding popular local dining options Soul Food Carryout and the former Third Perk Coffeehouse & Wine Bar. She also has a background in education, including 12 years as a tenured associate professor of mathematics at Sinclair Community College, where she was instrumental in developing programs aimed at reducing barriers to success in mathematics for underrepresented students. Darden holds a master of science in education from UD.

"She brings a passion for community and a proven track record of lifting underrepresented entrepreneurs," said Vince Lewis, UD's associate vice president of entrepreneurial initiatives. "She has created



Juanita-Michelle Darden

spaces that celebrate local talent, build connections and drive real economic growth. We're excited to see her lead the Greater West Dayton Incubator."

Darden outlined three priorities for the incubator: increasing awareness and use of resources among Greater West Dayton entrepreneurs; reactivating the advisory council to ensure community voices shape the incubator's direction; and overseeing the launch of its permanent space.

"I'm honored to lead the Greater West Dayton Incubator and to work alongside passionate entrepreneurs and community members," Darden said. "Together, we'll build a more inclu-

sive and prosperous future for West Dayton."

The incubator, an initiative between the University of Dayton's L. William Crotty Center for Entrepreneurial Leadership and The Entrepreneurs' Center, supports underrepresented and under resourced entrepreneurs through micro-lending, consulting and educational programs. Since 2020, the incubator has worked with over 350 entrepreneurs, helping to secure more than \$80,000 in micro-loans, \$100,000 in equity grants and nearly \$400,000 in contracts for underrepresented business owners through University of Dayton partnerships.

The Future of Downtown Dayton



Downtown Dayton, Ohio Skyline (Photo by Michael Bowman)

By: RoShawn Winburn-Dayton Weekly News

The Dayton Business Journal hosted a powerful and forward-looking panel on June 3, 2025, at Sinclair Community College's Ponitz Center, exploring the future of Downtown Dayton. Moderated by Dayton Business Journal Editor, Caleb Stephens, the panel featured key regional leaders: Shelley Dickstein (Dayton City Manager), Katie Meyer (Pres-

ident, Downtown Dayton Partnership), Bob Ruzinsky (CEO, Greater Dayton Regional Transit Authority), and Gabriel Van Aalst (President & CEO, Dayton Live). Dayton Weekly News was present to witness and capture the momentum driving the heart of our city.

A Unified Vision for Growth

The panelists conveyed a shared commitment to transforming Downtown Dayton into a vibrant, in-

clusive, and economically dynamic hub. With seamless collaboration evident on stage, each leader offered insight into the initiatives already shaping the downtown landscape and those yet to come.

Key Economic Highlights

\$22M in city investment has leveraged \$500M in private development since 2021.

Over 1,000 new hous-

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Judge Blocks Trump Administration's Effort to Eliminate Job Corps

By Dietrich Knauth

NEW YORK (Reuters) -A U.S. judge on Wednesday temporarily stopped the Trump administration from moving ahead with an effort to eliminate the Job Corps, the largest U.S. job training program for low-income youth.

U.S. District Judge Andrew Carter in Manhattan issued a temporary restraining order in a lawsuit filed by a trade group representing

contractors that operate Job Corps centers. Carter ordered the government not to terminate Job Corps contractors or stop work at Job Corps centers until a further ruling in the case, and he ordered the Labor Department to appear at a court hearing on June 17.

The lawsuit alleges that the U.S. Department of Labor is violating federal law and its own regulations by abruptly shuttering the program, a plan the agency announced last

week.

Job Corps was created by Congress in 1964 and allows 16-to-24-year-olds from disadvantaged backgrounds to obtain high school diplomas or an equivalent, vocational certificates and licenses and on-the-job training. The program currently serves about 25,000 people at 120 Job Corps centers run by contractors.

The Labor Department in announcing the end of

Continued on Page 3



Viral Teen Who Rushed To Work After Graduation Gets \$10K From Burger King

A Georgia teen who jumped in to help his co-workers at Burger King right after graduating high school has been awarded a \$10,000 scholarship from the fast food chain.

According to the New York Post, Mykale Baker, a recent graduate of Mills Creek High School, was gifted \$10,000 from the Burger King Foundation after his feel-good story went viral on social media.

Baker, 18, graduated last month, and instead of celebrating his achievement, the teen

worked a late-night shift at a Burger King in Dacula, Georgia after seeing his co-workers were swamped with customers.

Patron Maria Mendoza noticed that Baker was still wearing his graduation stole and medals as he bagged fries. Mendoza shared a video on TikTok of Baker's selfless act, which garnered over 4 million views.

This young man deserves a scholarship!!!! @ Carlos_Eduardo_Espina @Burger King #daculaga #burgerking#youngkid#gr aduated#hardworking#pes opluma#nuevavida

The customer also started a GoFundMe for Baker to raise money for his future college education. The fundraiser, titled "From Burger King to a College Dream," earned over \$190,000 as of Wednesday (June 4).

"He didn't do it for attention. He doesn't even know his story went viral. But thousands of people were moved by his dedication, humility, and work ethic," Mendoza wrote.

The Burger King Foundation also awarded Mendoza's daughter, Daizie Chavez, \$10,000 for her future education.



Mykale Baker

As Number of Americans Living with Alzheimer's Climbs, Proactive Brain Health Behaviors Are Essential

— Five Behavior Recommendations for Alzheimer's & Brain Awareness Month in June —

As the number of Americans living with Alzheimer's has climbed to more than 7 million for the first time, including 236,200 in Ohio, the Alzheimer's Association is encouraging all Ohioans to take charge of their brain health.

Two-thirds of Americans have at least one major potential risk factor for dementia. The brain changes that cause Alzheimer's are thought to begin 20 years or more before symptoms



JUNE IS ALZHEIMER'S & BRAIN AWARENESS MONTH
Take charge of your brain health today

Research shows that adopting healthy behaviors — like getting exercise and eating right — can improve your brain health and reduce the risk of cognitive decline.

Learn more at alz.org/abam.

ALZHEIMER'S & BRAIN awareness month
ALZHEIMER'S ASSOCIATION

start, which suggests that there may be a substantial window of time in which to intervene in the progression of the disease.

Experts believe there isn't a single cause of Alzheimer's and it is likely to develop because of multiple factors. While not a direct cause of Alzheimer's, the greatest known risk factor is advancing age. Although some risk factors like age can't be changed, as many as 45% of dementia cases may be avoided by modi-

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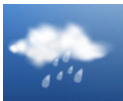


Around DAYTON

Miami Valley Weather

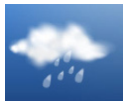
Saturday

Rain
High 77
Low 65



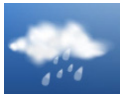
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Rain
High 74
Low 64



Monday

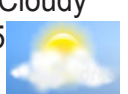
Rain
High 74
Low 60



5 day Forecast

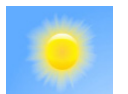
Tuesday

Mostly Cloudy
High 75
Low 61



Wednesday

Sunny
High 81
Low 64



Explore & win with the Downtown Dayton Summer Passport

Participants can collect stamps by visiting participating businesses June 6-Sept. 12.



Supporting Downtown Dayton businesses comes with an extra reward this summer! Along with more than 70 retailers, restaurants, bars, and more, the Downtown Dayton Partnership is excited to launch the 2025 Downtown Dayton Summer Passport. Visitors and residents of Downtown Dayton are invited to spend the summer months visiting favorite businesses, finding new local hangouts, and winning great prizes.

Passports can be picked up at one of eight downtown locations: the 2nd Street Market Welcome Wagon, Day Air Ballpark, the Schuster Center Box Office, Levitt Pavilion, RiverScape MetroPark Café, Heart Mercantile, Rabbit Hole Books, or the Downtown Dayton Partnership office. With the passport booklet in hand, participants can earn stamps by shopping with more than 70 downtown businesses. A full list of participating businesses is avail-



able inside of the passport booklet and at downtown-dayton.org/passport.

Upon receiving 16 unique business stamps, participants should take their completed passport booklet to a designated drop-off location listed in the booklet for a prize. Each drop-off location will have a limited supply of Dayton prize packs (each valued at \$25 or more) to distribute in exchange for each completed booklet returned. All completed passports will also be entered into a drawing for additional grand prizes like \$250 Downtown Dollars, a family season pass to the

MetroParks Ice Rink, an opportunity to use Levitt Pavilion's t-shirt launcher at an upcoming concert, a ticket package from Dayton Live, gift cards to downtown businesses, and more. Completed passports must be returned by September 12 to be eligible to win.

The 2025 Downtown Dayton Summer Passport is a program of the Downtown Dayton Partnership sponsored by AES Ohio. A list of participating businesses, passport booklet pick-up and drop-off locations, rules and eligibility requirements are available at downtown-dayton.org/passport.

Get a Jump on Your Future with DML Program

Dayton Metro Library, in partnership with Montgomery County Educational Service Center, will host Jump Start Your Future: Pizza and Planning at several Branches through the end of the year.

Rising high school seniors and recent graduates can jump-start their future with this free workshop. Work with an educational advisor to get started on or complete the FAFSA, school applications, or get help with scholarships, building resumes, or crafting essays.

Pizza will be provided, and all attendees will receive a small gift at the end of the program. Participation in this workshop will be limited, so registration is required.

Registration is open for the following sessions:

Tuesday, June 10, 12:30-2:30 pm, West Carrollton Branch

Tuesday, June 10, 4-6 pm, Miamisburg Branch

Wednesday, June 11, 12-2 pm, Northmont Branch

Wednesday, June 11, 4-5:30 pm, Brookville Branch

Tuesday, June 24, 3-5 pm, Vandalia Branch

Thursday, June 26, 12-2 pm, Kettering-Moraine Branch

Tuesday, July 8, 3-5 pm, Northwest Branch

Tuesday, July 22, 4:30-

6:30 pm, Trotwood Branch

Registration will open on Tuesday, July 1, for these two sessions:

Tuesday, August 5, 12-2 pm, Wilmington-Stroop Branch

Wednesday, August 6, 2-4 pm, Burkhardt Branch

Later in the year, registration for Electra C. Doren's session on Wednesday, November 5, from 3-5 pm, will open on Wednesday, October 1.

For more information and to register, visit DaytonMetroLibrary.org or call the Library's Ask Me Line at 937.463.2665.

DML's Summer Resources for Kids

Dayton Metro Library is offering many summer resources for kids of all ages – from free lunches and games to prepping for kindergarten and cool activities, there's something for every youth in the Dayton area.

DPS Summer Lunches: Kids and Teens are invited to eat lunch at either the West Branch or the Northwest Branch, Monday-Friday, 12:30-1 pm (except on Thursday, June 19, and Friday, July 4). This program will be provided through Thursday, July 31.

Homework Help – Summer Edition offers a unique experience for kids in grades 1-12. Read to earn points for Summer Reading Challenge. Use STEM concepts to solve mysteries. Get creative and make cool art projects with help from local artists. Help grow a pizza garden filled with pizza toppings and learn about healthy eating at the same time.

The Burkhardt, Northwest, and West Branches will offer Homework Help – Summer Edition sessions Monday-Thursday, 1-4 pm, through Wednesday, August 6 (except Thursday, June 19). Kids under the age of 8 must be accompanied by an adult.

The Northwest Branch will also host Y on the Fly, every Wednesday, June

11-July 30, from 1-2:30 pm. The YMCA's mobile unit, Y on the Fly, will be at the Branch to bring free healthy and yummy snacks and games to kids in the Greater Dayton Region.

Dayton Metro Library's Kindergarten Club is designed for families of children who will be entering Kindergarten in the fall of this year. Kids and their caregivers will participate together in a variety of activities. Adults will receive tips on early literacy activities, social and emotional learning opportunities, and skills that will set their kids up to be successful.

Here's the summer schedule:

Brookville Branch: Every Thursday, June 12-July 31, 6-7 pm (except June 19)

Burkhardt Branch: Every Monday, June 9-July 21, 6-7 pm

Electra C. Doren Branch: Every Thursday, June 12-July 31, 6-7 pm (registration required) (except June 19)

Huber Heights Branch: Every Wednesday, June 18-August 6, 11 am-12 pm

Kettering-Moraine Branch: Every Friday, June 6-August 1, 10:30-11:30 am (except July 4)

Main Library, Children's Creativity Space: Every Wednesday, June 11-July 30, 10-11 am

Miami Township Branch: Monday-Thursday, July 14-July 24, 2-3 pm

Miamisburg Branch: Every Thursday, June 12-July 31, 11:30 am-12:30 pm (except June 19)

New Lebanon Branch: Monday-Thursday, June 9-June 12, 12-1 pm

Northmont Branch: Every Tuesday and Thursday, July 8-July 31, 6-7 pm

Northwest Branch: Monday-Thursday, July 21-July 31, 4-5 pm

Southeast Branch: Monday-Thursday, June 9-June 12, 2-3 pm

Trotwood Branch: Every Tuesday and Thursday, July 22-August 14, 2:30-3:30 pm

Vandalia Branch: Every Monday, June 9-July 28, 2:30-3:30 pm

West Branch: Every Monday, June 16-July 28, 10:30-11:30 am

West Carrollton Branch: Every Friday, June 6-August 1, 10:30-11:30 am (except July 4)

Wilmington-Stroop Branch: Monday-Thursday, July 14-July 24, 1-2 pm

For more information, visit DaytonMetroLibrary.org or call the Library's Ask Me Line at 937.463.2665.

Liberty High School, YouthBuild Dayton, and Habitat for Humanity of Greater Dayton to Host End of Year Celebration

Liberty High School, YouthBuild Dayton, and Habitat for Humanity of Greater Dayton are excited to host an end-of-year celebration at their joint construction site. This event, celebrating the collaboration between Liberty High School, YouthBuild Dayton, and Dayton Habitat, will take place at 4763 Stratsburg Drive, Dayton, OH 45417, on June 6th at 11:30 am.

Habitat for Humanity of Greater Dayton, Liberty High School,

and YouthBuild Dayton are partnering together to renovate a home, allowing another family to achieve homeownership. This collaboration reflects a shared commitment to building homes and creating workforce development opportunities for the youth in the Dayton area.



The media is invited to attend and cover this occasion from 11:30 to 12:30. Attendees will have the opportunity to meet the family that will purchase the home with a 0% interest mortgage, hear from Dayton Habitat, Liberty High School, and YouthBuild Dayton

staff, see students work on the build site in live time, enjoy some food, and learn more about the positive impact this partnership will have on the local community.

"We are thrilled to continue our partnership with Liberty High School and YouthBuild Dayton," said

David Mauch, Development Director of Habitat for Humanity of Greater Dayton. "This build is a testament to our joint dedication to impacting local families in our community and our desire to help our community through workforce development."

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Ohio Student Poet Confronts Racism and Injustice in Powerful Verse



Omaria Ali

Springfield, Ohio, poet Omaria Ali shares powerful verses on racism and resilience through WYSO Youth Radio.

Summer is here, and area schools have let out. To kick things off, we're launching a new season of WYSO Youth Radio. We'll hear stories from students across Dayton, Springfield, and beyond.

For this episode, Springfield School of Innovation High School student Omaria Ali shared a poem confronting systemic injustice, racial inequality, and the complicated promises of American freedom.

Ali said she was first inspired to write poetry by a teacher in eighth grade.

"I was going through a lot," she said, "and she allowed me to use my voice through poetry. I probably would have let go of writing if it wasn't for her."

Here is her poem, "Land of the Free," in full:

This is Ali's second year participating in WYSO Youth Radio.

“Land of the Free”

Yeah, that’s just a story that’s told.
Their sacrifices, their battles fought,
Their stories silenced, left to rot.
Oh, we’re so free because women vote
And little brown kids have hope.
We’re so free because as a woman,
I can work in an office.
But why does my mother worry for my brother
Every time he leaves the house?
Because the color of his skin
Is seen as a threat, a sin.
We say free, but at what cost
When lives are still being lost?
But we’re free because I have the right to remain silent.
And don’t get me wrong—Blue lives matter, yes, this is true,
But we bleed the same,
So my life is no more important than you.
And I hate to sound biased,
But you take lives just as much as you save them.
But I’m supposed to be okay
With modern day
Because at least I’m not a slave.
To even assume that is real brave.
I understand the sacrifice
Of those who wear the badge,
Risking their lives to protect and serve.
But when justice is blurred and power is abused,
The line becomes thin between hero and villain.
Blue lives matter, yes—
But so do Black lives and brown lives
And all lives in between.
We’re all just trying to survive
In a system that’s broken,
Where inequality is spokenIn whispers and shouts,
In every corner and throughout.
I hate to sound biased,
But the truth is clear:
Some wear a uniform and some spread fear,
While others wear skin that’s seen as a sinIn the eyes of those
who don’t know where to begin.
We bleed the same.
Red blood flows through every vein,
No matter our race
Or our placeIn this world that we share.
But some still don’t care
About the pain and despair
That others endure
Because of the color they wear.
You take lives just as much as you save them.
But I’m supposed to be okay
With the injustice and mayhem
That exists in the frame of a broken system
Where some are protected
While others are victim.
I’m told to be grateful
For the progress we made,
But to act like it’s enoughIs to live in charade—
To pretend that we’re free
When we’re still in chains,
Bound by the past
And haunted by stains
Of a history that’s marred
By oppression and scars.
I refuse to believe
That this is the best we can be—
That we’re doomed to repeat
The mistakes of our ancestry.

What's Great in Dayton: June 6 - 12, 2025



Preservation Dayton Downtown Walking Tours: Explore and learn about the diverse selection of retail, industrial, entertainment and residential sites on this guided walking tour of Downtown Dayton. Meet at the The Dayton Arcade entrance on Fourth Street, Friday at 5:30pm.

Dayton Pride 2025: The annual parade and festival on Saint Clair Street and the surrounding area. Entertainment, a family zone, merchandise, food vendors and live music. The parade kicks off at 11am and the festival begins at noon.

Meet and Greet the American Rosie: A rare opportunity to engage with the Original Rosies — the women who played a vital role during World War II by supporting the war effort on the Home Front. Saturday at the USAF Museum, 2 to 4pm.

High Tea with Harpist Leah Estes: Experience an afternoon of refined charm and musical elegance in the beautiful Victorian-era mansion in the heart of Dayton. Saturday at the Dayton Woman's Club, 2 to 4pm.

RUBI on the Rooftop: In honor of Pride Month, get ready for an open-air celebration featuring dazzling drag performances and delicious eats all in support of the Rubi Girls Foundation. It's Sunday at The Foundry, 4:30 to 9pm.

Madcap Puppets: Monsters of Baseball: Based in Cincinnati, they are nationally recognized for engaging audiences through their original children's theatre productions that include life size puppets. Saturday at 7pm at Smith Gardens (800 block of Oakwood Avenue). Bring your blanket.

The Troy Strawberry Festival: A celebration of community culture and of course strawberries! The festival offers something for everyone. Saturday, 10am to 9pm and Sunday, 10am to 6pm in downtown Troy.

The Comeuppance: As the sun sets on the eve of their 20th high school reunion, a close-knit group of former classmates- once known as the “Multi-Ethnic Reject Group” - reunites to pre-game the monumental night. Onstage from The Human Race Theatre, June 3 to 15th.

Judge Blocks Trump Administration's Effort to Eliminate Job Corps... Continued from Page 1

the program said it was not cost effective, had a low graduation rate and was not placing participants in stable jobs. The department also said there had been thousands of instances of violence, drug use and security breaches at Job Corps centers.

The National Job Corps Association and other plaintiffs in Tuesday's lawsuit said the Labor Department does not have the power to dismantle a program established and funded by Congress.

Shuttering Job Corps is a small piece of a broader effort by Trump, a Republican, and his appointees to drastically shrink the federal bureaucracy, including by getting rid of some offices and agencies altogether.

The Future of Downtown Dayton... Continued from Page 1

ing units, 600 jobs, and 208 hotel rooms have been added.

The Entrepreneur Center surpassed \$1 billion in economic impact in 2024, with 32 ventures securing \$172 million in equity investment.

Major projects like The Arcade and the \$130 million Center City Project are reshaping downtown's core.

Panelist headshots with organizations and titles

Safety and Perception

ddressing public safety, the city has committed \$10 million for a new downtown police station and a real-time crime center. City leaders emphasized technology, visibility, and community engagement as key to reducing crime and improving perceptions of downtown safety.

Mobility and Access

Greater Dayton RTA's contributions extended beyond transit. CEO Bob Ruzinsky highlighted investments in community-centered developments like the Schuster Center and the Air City Garage, while also focusing on new outreach and rider education programs to expand access and inclusion.

Arts as an Economic Engine

Dayton Live's Gabriel Van Aalst noted the 400,000+ annual attendees drawn to downtown arts venues, which generate \$35 million in economic activity. Collaborative programming with Dayton Public Schools and others is aimed at deepening engagement and building the next generation of supporters.

Challenges and Opportunities

While celebrating progress, panelists acknowledged challenges:

The need for more housing and office space to attract residents and entrepreneurs.

Better integration of neighborhoods divided by infrastructure, such as the reimagining of US 35.

A renewed push for inclusive planning, especially engaging small and minority-owned businesses earlier in major downtown events.

Looking Forward to 2030

By the end of the decade, Dayton leaders envision:

10,000 total housing units downtown

A fully operational Amtrak return, reconnecting Dayton to regional rail

A revitalized Court-house Square and expanded public gathering spaces

Action Items for Stakeholders

Deepen public-private collaboration to build on existing momentum.

Involve small businesses early in planning and activation of major events.

Use storytelling and marketing to counter negative perceptions and celebrate the city's authentic identity.

Continue investment in safety, infrastructure, and mobility to support growth.

Leverage arts and culture as both community anchors and economic drivers.

A Call for Community Ambassadors

Panelists closed with a call to action: each resident, visitor, and business owner has a role in shaping the narrative of Downtown Dayton. From riding the bus to attending a play, supporting a local café to mentoring a startup - everyone has a part to play in ensuring downtown remains not just a destination, but a daily source of pride.

The Downtown Dayton Partnership keeps the community aware of what's going on downtown. Take a look at what's happening downtown, and plan a visit today!

links to the DDPs website with things to do downtown

What is one area Dayton leaders could improve to bring people back Downtown to work, play, live or create?

Arts & Entertainment

June’s Themed Challenge Programs at DML

Dayton Metro Library is ready for patrons of all ages to “Color Our World” all summer long with themed programs for the Summer Reading Challenge.

Here’s a schedule of “Color Our World” programs for Monday, June 9-Saturday, June 14:

Monday, June 9:

- **Color Our World – The Art of Stories, 1-2 pm, Huber Heights Branch:** This weekly program runs every Monday through July 28 and is a free-form art class that focuses on a different illustrator’s work in a children’s book. Kids will have the chance to explore techniques and supplies used to craft that book. (Grades 1-4)
- Color Our World Crafts, 4-5 pm, Wilmington-Stroop Branch: Explore geometric painting and scribble art, and make colorful crafts. (K-5th Grade)

Tuesday, June 10:

- **Color Our World: Yoga Storytime, 10:30-11 am, Northwest Branch:** Combine the magic of stories and invigorating yoga poses, and you have an exciting adventure! (Families)
- Color Our World with Armstrong Air and Space Museum, 4-5 pm, Burkhardt Branch: Learn how space is observed through filters and what colors reveal

about objects in space. Experiment with color changes using filters and create a pony bead bracelet to observe through filters. (Grades 1-4)

Wednesday, June 11:

- **Colorful Creatures to Love with Wild Hearts African Farm, 10:30-11:30 am, Vandalia Branch:** Patrons will experience live animal demonstrations with different species, learn the science behind animal colors, explore careers in wildlife conservation, and take home a coloring sheet. Registration is required. (Grades 1-4)
- Family Program: Color Mixing Science, Main Library, Children’s Creativity Space, 3-4 pm: Art, crafts, games, and experiments are inspired by the Summer Reading Challenge theme.

Thursday, June 12:

- **Color Our World: Full STEAM! Ahead, Northwest Branch, 1:30-2:30 pm:** A new adventure every week uses STEAM concepts, and this week’s program ranges from hands-on experiments to interactive problem-solving, reflecting the Summer Reading Challenge theme. (Grades 1-4 and Tweens)
- Color Our World: This or That, Electra C. Doren Branch, 4-5 pm: Choose from 2-3 different activity options of hands-on kits and materials, then explore, create, and have fun! (Tweens)

Saturday, June 14:

- **Colorful Creatures to Love with Wild Hearts African Farm, 10:30-11:30 am, Miami Township Branch:** Patrons will experience live animal demonstrations with different species, learn the science behind animal colors, explore careers in wildlife conservation, and take home a coloring sheet. Registration is required. (Grades 1-4)
- For more information, additional Summer Challenge programs, and to register if required, visit DaytonMetroLibrary.org or call the Library’s Ask Me Line at 937.463.2665.

DML’s Brookville Branch Annual Party

Dayton Metro Library’s Brookville Branch will be hosting its third annual Block Party & Craft Fair on Saturday, June 14, 10 am-4 pm.

Community members can expect 70+ booths featuring wares and crafts from area artists, along with food trucks and games for all ages.

Those interested in being a vendor should visit DaytonMetroLibrary.org and click on the “Events” tab. From there, search “block party.” The Brookville Block Party program will be the first result. In the description of the event, there is a form that vendors can fill out.

Additional questions may also be directed to the Library’s Ask Me Line at 937.463.2665.

DML: Calling Local Writers for Features and Facilitating

Dayton Metro Library is excited to announce a call for applications for its 2025 Writer and Author’s Symposium for the following positions:

Featured Writers: DML’s Featured Writers will share their work with the public, engage directly with readers, promote and sell their books, and benefit from pre-event publicity through DML’s platforms.

Facilitators: Writers, publishers, and editors will critique the first ten pages of an Emerging Writer’s work, providing feedback and answering questions. Critiquing will cover pacing, tone, narrative style, and overall feel of the work. Emerging Writers will not have been previously published and/or are new to the field of writing.

Local writers who are interested in serving in either position during the Symposium should review the complete guidelines and fill out an online application at DaytonMetroLibrary.org/Symposium by Friday, July 11, 2025.

Once selections are made, DML will be in contact with additional information. For those who wish to attend the Symposium as a patron, it will be held on Saturday, September 20, 10 am-5 pm, throughout the Main Library. Expect workshops, mini writing-themed activities, and an exploration of local authors. Registration is not required.

For more information, visit DaytonMetroLibrary.org/Symposium or call the Library’s Ask Me Line at 937.463.2665.

The 173rd Montgomery County Fair Returns July 6-12, 2025



Summer’s biggest celebration is just around the corner! We’re thrilled to announce the return of the 173rd Montgomery County Fair, taking place July 6-12, 2025 at the Montgomery County Fairgrounds (645 Infirmary Road, Dayton, OH 45417).

This year’s theme, “Red, White & Bloom,” promises a week-long celebration of community, agriculture, and summertime fun that you won’t want to miss!

Editorial & Comments

Letter to the Editor

Dear editor at The Dayton Weekly News,

On March 27th, the Executive Order titled “Restoring Truth and Sanity to American History” was signed, targeting the Smithsonian’s National Museum of African American History and Culture (NMAAHC) for promoting an alleged “improper ideology.” This order threatens not only the ability of institutions to engage with the honest and truthful telling of Black history, but also our shared ability as a nation to understand Black history as a fundamental component of American history. It restores neither truth nor sanity to U.S. history, but instead obscures them.

I am a historian and public educator. I have a B.A. in History from Miami University of Ohio and an M.A. in Museum Education from Seton Hall University in New Jersey. I have studied U.S. history for the better part of a decade, and Black history is an inseparable part of it. What authority do those who have never studied history have in determining what is "true" or "sane" in our history?

Additionally, what message does it send to our children if accurate Black history is systematically erased and replaced with a false, whitewashed version of U.S. history? Do our children not deserve to know the truth? And who does their ignorance benefit?

History is a difficult subject, full of challenging topics. Learning history accurately, however, teaches critical thinking skills and makes us better citizens. Only an authoritarian government would seek to erase those parts of history it deems "uncomfortable," rather than enabling historians and educators to contend with those parts of history and use them to strengthen society.

Black history is U.S. history. This is not up for debate. It is historical fact, and no government order can erase that.

Now, more than ever, we must stand up for history. It's who we are.

Sincerely,
Elaine Davis
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Something to Consider: Breaking Down Our Prejudices

By: Brenda Cochran
Contributing Writer

Most may agree that the media regularly uses a means of tactfully presenting prejudice, through television, radio and the internet. What is interesting is that the media can also use information in order to get rid of it.

Prejudices is an attitude or opinion about a person, or group simply because he/she belongs to a specific religion, nationality, race or other group. There are words that describes prejudice. Examples include animosity, bias, bigotry, chauvinist, discrimination, injustice, and intolerance, but the major question is what causes each of these prejudices?

Prejudice is most likely to develop and persist where groups have different or conflicting key values. Others are seen as different-people who see their identity in terms of belonging to a particular group and their group discriminates other groups.

The question is what are the causes? The psychological basis includes people of key values; the way they see themselves and others; their sense of social identity, and social norms. These define who is included or excluded from social groups.

When you ask the question of how is prejudice learned through socialization?

The answer is prejudice is a form throughout socialization, and social norms that inform individuals about the acceptability of prejudice against certain out-groups.

The question is – How can we get rid of prejudice? The three most commonly used approaches of getting rid of prejudice are school multicultural programs, diversity, training and unconscious bias training.

The most successful way to reduce prejudice is gaining public support and awareness or anti-prejudice norms. Increasing contact with members of other social groups and making people aware of the inconsistency in their own beliefs can help some.

The three quotes about prejudice: “Most people hate prejudice, discrimination, and snobbishness of any kind. It always reflects on the person judging and not the person being judged.”

Albert Einstein says: **“It is harder to crack prejudice than an atom.”**

“Prejudice is a product of ignorance behind barriers of tradition”



Brenda Cochran

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Design a Library Card for DML

Calling all designers: Dayton Metro Library, in conjunction with the Summer Reading Challenge and National Library Card Sign Up Month (in September), is holding a Library Card Design Contest. Patrons of all ages are encouraged to show off their creativity by creating a design that, if selected, will be featured as an official, limited edition DML Library Card that will be avail-

able on September 1, 2025. This contest is open to all Montgomery County residents or anyone attending a Montgomery County School, with one entry per participant. There will be three winners in the following age categories: Kids (ages 0-12), Teens (ages 13-17), and Adults (ages 18+). Card designs should be inspired by this year's Summer Reading Challenge theme, "Color

Our World," specifically speaking to the joy of reading, the Dayton community, information, and inspiration, and another design appropriate for a general audience. All designs must be original (no AI-generated content) and should not contain copyrighted material, inappropriate images, or offensive language. Designs will be judged based on creativity, relevance to the theme, visual impact, and usability. Patrons should start

planning their design now because entries will only be accepted between Monday, June 16, and Monday, June 30. Submissions may be submitted online via DML's website or by picking up an entry form at any DML Branch location after June 16. Complete contest details will be available online beginning June 16 at DaytonMetroLibrary.org/Summer or on physical entry forms available at Branches.

DML's Teen Summer Program Combines Music and Art

Dayton Metro Library will host Paint Me a Song with Aspen Black – painting sessions geared towards teens in grades 7-12 – the perfect program that reflects this year's "Color Our World"

Summer Reading Challenge. This program, curated and led by award-winning musician and artist Aspen Black, combines the power of music with the freedom of visual expression. Participants

will explore colors, brush strokes, shapes, and abstracts while listening to a selection of musical clips ranging from classical to heavy metal. Then, while Aspen Black performs her songs live to backing tracks, artists will create

a work of art inspired by the music. Registration is required for the following sessions:

- Monday, June 9, 3-4 pm, Miami Township Branch
- Monday, June 9, 6-7 pm, West Branch
- Friday, July 18, 3-4 pm, Vandalia Branch
- Saturday, July 19, 1-2 pm, Wilmington-Stroop Branch
- Saturday, July 19, 4-5 pm, New Lebanon Branch

For more information and to register, visit DaytonMetroLibrary.org or call the Library's Ask Me Line at 937.463.2665.

Dayton Metro Library Offers Free Lunches, and More for Kids this Summer

To bridge the gap while schools are out, the Dayton Metro Library is offering summer resources for kids in the Miami Valley.

The resources include everything from free lunches, games, activities, tutoring and pre-k prep.

Local library opens applications for upcoming Writer and Author's Symposium

DPS Summer Lunches: These lunches will help fight food insecurity and give kids/teens a friendly place to hang out. Both the West Branch and the Northwest Branch will have lunches, Monday through Friday, from 12:30 p.m. to 1 p.m. The program will run until July 31. (There will be no lunch service on Juneteenth and the Fourth of July.)

Homework Help, Summer Edition: Available to kids from First Grade to those entering Senior year. This unique program will teach kids STEM concepts, make cool art projects with help from local artists and grow a garden to learn about healthy eating.

This will be available at the Burkhardt, Northwest, and West Branches Monday through Thursday, 1 p.m. to 4 p.m. The program will run until August 6. (There will be no homework help class on Juneteenth.) Kids under 8 must be accompanied by an adult.

Y on the Fly: Every Wednesday, the Northwest Branch will host the YMCA's mobile unit from 1 p.m. to 2:30 p.m. Kids/teens can enjoy fun games and free healthy snacks. The last Wednesday the mobile unit will visit is July 30.

Kettering Health boosting cybersecurity as recovery from attack continues

Kindergarten Club: This program is created for kids who will be starting Kindergarten in the fall. Kids and their parents/guardians will get to enjoy a variety of activities. Caregivers will be giving tips on teaching early-literacy activities, social/emotional learning opportunities and skills in their homes.

The following is the full summer schedule:

Brookville Branch: Every Thursday, June 12 – July 31, 6 to 7 p.m. (except Juneteenth)

Burkhardt Branch: Every Monday, June 9 – July 21, 6 to 7 p.m.

Electra C. Dorner Branch: Every Thursday, June 12 – July 31, 6 to 7 p.m. (registration required) (except Juneteenth)

Huber Heights Branch: Every Wednesday, June 18 – August 6, 11 a.m. to noon

Kettering-Moraine Branch: Every Friday, June 6 – August 1, 10:30 to 11:30 a.m. (except Fourth of July)

Main Library, Children's Creativity Space: Every Wednesday, June 11 – July 30, 10 to 11 a.m.

Miami Township Branch: Monday-Thursday, July 14 – July 24, 2 to 3 p.m.

Miamisburg Branch: Every Thursday, June 12 – July 31, 11:30 a.m. to 12:30 p.m. (except Juneteenth)

New Lebanon Branch: Monday-Thursday, June 9 – June 12, noon to 1 p.m.

Northmont Branch: Every Tuesday and Thursday, July 8 – July 31, 6 to 7 p.m.

Northwest Branch: Monday-Thursday, July 21 – July 31, 4 to 5 p.m.

Southeast Branch: Monday-Thursday, June 9 – June 12, 2 to 3 p.m.

Trotwood Branch: Every Tuesday and Thursday, July 22 – August 14, 2:30 to 3:30 p.m.

Vandalia Branch: Every Monday, June 9 – July 28, 2:30 to 3:30 p.m.

West Branch: Every Monday, June 16 – July 28, 10:30 to 11:30 a.m.

West Carrollton Branch: Every Friday, June 6 – August 1, 10:30 to 11:30 a.m. (except July 4)

Wilmington-Stroop Branch: Monday-Thursday, July 14 – July 24, 1 to 2 p.m.

To learn more, click here or call the Library's Ask Me Line at (937) 463-2665.

The library asks anyone who needs a sign language interpreter, assistive device, language translation, or accessibility services to call the Ask Me Line at (937) 463-2665 or click here. This is so they can get the service ready ahead of time.

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The mission of St. Margaret's Episcopal Church is to worship, to serve and to form the spiritual and moral growth of individuals according to the teachings of Jesus Christ.
SERVICE SCHEDULE
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Worship Service - Sunday 8 AM & 10:30 AM
Sunday School - Sunday 10:30AM

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FAX: (937) 222-7336
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Sunday School.....8:30 a.m.
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WEDNESDAY
AM Prayer Meeting.....9:30 a.m.
Bible Study.....11:00 a.m. and 6:00 p.m.
Saturday
Bible Study.....11:00 a.m.
Pastor Cory J. Pruitt
1501 W. Dr. Martin Luther King Jr. Way, Dayton, OH, 45412

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937-268-6729 ~ Office 937-267-9804 ~ Fax
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Dayton, OH 45402-2910
Church Phone: 937-223-5115
Fax: 937-223-8872
Email: greater_allen_ame@att.net

Church Sunday School.....9:15 a.m.
Sunday Worship.....10:45 a.m.
Women's Bible Study - Monday.....6:30 p.m.
Noonday Bible Study - Wednesday.....12:00 p.m.
Prayer Meeting - Wednesday.....7:00 p.m.
Bible Study - Wednesday.....7:30 p.m.



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3010 McCall Street, Dayton, OH 45417
Tel. No.: 937-279-9343, Fax: 937-279-9342
Toll Free: 1-844-679-9343
email:bcbchurch@swohio.twcbc.com
Sunday Service.....9:30 a.m.
Church School - Sunday.....8:45 a.m.
& Wednesday.....1:00 p.m.
Bible Study/Prayer Meeting - Every Wednesday starting at.....6:00 p.m.
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Morning Worship.....11:00 a.m.
Tues. Bible Study.....6:00 p.m.
Wed. Prayer Meeting.....6:00 p.m.
Other Ministry
email: rockney.carter@gmail.com
1684 Earlam Drive • Dayton, OH 45406

Bethel Missionary Baptist Church
401 S. Paul Laurence Dunbar St. - Dayton, Ohio 45407
Rev. Xavier L. Johnson, Senior Pastor
937-222-4373 - Office - Email: offices@bmbcd Dayton.org

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Morning Worship 10:45 a.m.
WEDNESDAY
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Bethel services are aired on DSTV Time Warner Wednesdays at 3:00 p.m. and Saturdays at 9:00 p.m. Time Warner Cable 992

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Services Each Saturday:
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Morning Worship 11:00 a.m.
Mid Week Prayer Service 7:00 p.m.
Dr. William T. Cox, Sr., Pastor

SHILOH BAPTIST CHURCH
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Office: 937-268-6711 Fax: 937-221-8040

Rev. Dr. Marcettes Cunningham, D.Min., Pastor
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Morning Worship 10:45 a.m.
Wednesday Prayer/Bible Study, 12:00 & 7:00 p.m.
Evening Prayer, 6:30 p.m.

Dixon United Methodist Church
1691 Infirmary Rd. – Dayton, OH 45417

Church Phone: (937) 835-3366
Email: Dixonumc1691@gmail.com
Website: Dixonumcdayton.org
Sunday School.....10:00 a.m.
Sunday Morning Worship.....11:00 a.m.
Midweek Bible Study- Wednesday.....6:00-7:30 p.m. Via Zoom
Prayer Meeting - Saturday.....10:00 a.m.
Text In Prayer Request 1-888-646-9678

Advertise Your Church in the Dayton Weekly News

Religion

Shiloh Church Garage Sale

You will find many treasures at Shiloh's 2-day garage sale! Household goods, books, antiques, a boutique, clothing and accessories! Enjoy refreshments in our cafe! Friday, June 13 9:00am-4:00pm; Saturday, June 14 9:00am-2:00pm. Shiloh Church 5300 Philadelphia Drive, Dayton OH 45415

Liberty Students Gain Skills
By Building House For Local Family



Local students and organizations are teaming up to help a Dayton family achieve their dream of home ownership.

Liberty High School, YouthBuild Dayton and Habitat of Humanity of Greater Dayton hosted an end-of-year celebration at their joint construction site in Dayton.

The organizations have partnered to build homes and create work-force opportunities for local youth in the area.

Students with Youth-Build are renovating a home for Felicia Fisher and her family to purchase at a zero percent interest mortgage.

The project not only helps a local family purchase a dream home, but also provides future experience and building knowledge to YouthBuild students.

"When this one is completed, they are going to start on a new one, and going to build that one from the ground up," said Norm Miozzi, Habitat for Humanity executive director. "So that experience in homebuilding, that's going to provide a wealth of knowledge for the students."

The Fisher family is expected to move into their home in August.

"They're doing an excellent job," said Felicia Fisher. "They're all nice, polite, sweet and I just can't wait."



OUR SOUL MATTERS: HOT OFF THE PRESS
Pamelajune Banks-Anderson, D.Min.
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LCDR (RET) US Navy Chaplain Corps
drpanderson@spaceforgrace.org
READ YOUR BIBLE, FAST, AND PRAY



May the words that come out of my mouth and the musings of my heart meet with Your gracious approval, O Eternal, my Rock, O Eternal, my Redeemer. Psalm 19:14 The Voice



As a two-time suicide survivor, I was driven by hearing words swimming around in my head. They were not pleasant words but words to do me harm, words that encouraged me to kill myself, words in my memory from lovers who used me up and then cast me aside, words of hopelessness, etc. etc.

By God's grace and intervention, the words that came to kill my body, destroy my dreams, and steal my joy are slowly but surely being replaced with the WORD. It is important to read the Word every day. When I miss my time with Jesus, I can feel some kind of way.

My life experiences have equipped me to support my fellow veterans in our pews, many of whom are silently grappling with issues such as suicidal thoughts, depression, and paranoid schizophrenia, as I have.

In grateful praise to God for His goodness, sparing my life and preserving my mind, the Holy Spirit inspired me to create a booklet titled "Only Say of Yourself What God Says About You". It is currently being printed and will be self-published tomorrow. I will have a few copies with me at the General Synod of the United Church of Christ in Kansas City and The Fellowship of Affirming Ministries in Atlanta and available on Amazon by summer.

In the meantime, you may get copies from me. They are priced at \$7 for one and \$10 for two at [Cashapp \\$Space4Grace77](http://Cashapp $Space4Grace77). You may also send me a note at drpanderson@spaceforgrace.org or call and leave a message at 517.488.8081.

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Church Events?

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Contact for information to (937) 397-7796
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Sports

Calling All Anglers!

GREAT Miami Smallmouth Bass Fishing Challenge June 13 - July 20

This is a catch and release tournament only. Anglers can fish anywhere on the Great Miami River.

There is no better river for smallmouth bass fishing! Win prizes for your record catch. During the tournament, anglers will use the iAngler Tournament app to photograph their catch and record basic information while on the water. All Ohio fishing regulations apply. Unlimited number of fish entries.

The tournament is open to all ages. Registration is \$30

New this year: Fish bump board is required, no tape measures. The Ketch Karbonate 26" (yellow) fish bump boards are available at a discounted price for all registered anglers from Fisherman's Headquarters, 142 S. Keowee St, Dayton, Ohio.

"Recent records show that the largest smallmouth bass caught in the Great Miami River measured 24.3 inches," said Barry Puskas, a Montgomery County resident and an avid fly fisherman. Donnie Knight, a biologist with the US Fish and Wildlife Service, states that "Smallmouth bass are plentiful in the Great Miami River from June through August, so it's a great time to encourage anglers to get out on the water."

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Largest Smallmouth Bass caught conventional (spin) fishing

1st – St. Croix MOJO BASS TRIGON SPINNING ROD of your choice
2nd – Shimano

Summer Gardening at DML

Dayton Metro Library's June gardening programs include learning about native plants, composting, and herb drying, as well as a swap.

Native Plants for Your Landscape, Monday, June 9, 10-11 am, Kettering-Moraine Branch: Learn the basics of why and how to embrace native plants in your landscape and garden. A discussion of healthy ecosystems and highlighting some favorite native plants will be included. Registration is required.

Plant Swap, Thursday, June 12, 12-5 pm,



ULTEGRA C3000HG

3rd – Lure prize pack of Big Joshy, Keitech, Nikko, and Z-Man for smallmouth bass

Competitive Spin Series – Top 5 bag caught conventional (spin) fishing

1st – St. Croix BLACK BASS SPINNING ROD of your choice

2nd – Shimano ULTEGRA C3000HG

3rd – Lure prize pack of Big Joshy, Keitech, Nikko, and Z-Man for smallmouth bass

Largest Smallmouth Bass caught fly fishing

Prize- Fly rod TFO-Mangrove Coast 6, 7, or 8 wt or equivalent

Competitive Fly Series – Top 5 bag caught fly fishing

Prize- Fly reel RossEvolution LTX or equivalent

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3rd to record- Full IGFA Membership \$30 gift card

4th to record- Full IGFA Membership \$30 gift card

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Great Miami Riverway brought to you by

The Great Miami Riverway is a program of the Miami Conservancy District convened with local communities to support and encourage people to live, work, and play safely along the Great Miami River.

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into nutrient-rich compost with experts from the Montgomery County Branch of The Ohio State Extension Office. Registration is required.

Drying Herbs and Saving Seeds with Five Rivers MetroParks, Thursday, June 26, 11 am-12 pm, Southeast Branch: Patrons will learn how to dry and save what they have cultivated when their garden is at its peak. Bring pictures and questions!

For more information and to register if required, visit DaytonMetroLibrary.org or call the Library's Ask Me Line at 937.463.2665.

Wild Hearts Return to DML for Summer Program

Wild Hearts African Farm returns to Dayton Metro Library this summer with a packed schedule of their program, Colorful Creatures to Love. Targeted for kids in grades 1-4, this program offers an engaging presentation that combines live animal encounters with insights into animal science and careers.

Kids can expect the following aspects of each session:

Live animal demonstrations: Five to six animals from different species will be on hand, including birds, mammals, amphibians, reptiles, and insects. Participants will learn how each animal utilizes its color to survive, communicate, and camouflage.

Education: Learn the science and importance of animal colors in nature.

Career exploration: Gain insight into working with animals and how to get involved in wildlife conservation.

Bonus: Take home a

Wild Hearts animal-theme coloring sheet!

Schedule of Colorful Creatures to Love with Wild Hearts African Farm June Sessions (advanced registration is open, but spots are filling up quickly!):

Monday, June 9, 10:30-11:30 am, Miamisburg Branch

Tuesday, June 10, 10:30-11:30 am, Trotwood Branch

Wednesday, June 11, 10:30-11:30 am, Vandalia Branch

Saturday, June 14, 10:30-11:30 am, Miami Township Branch

Monday, June 16, 10:30-11:30 am, Main Library, Children's Creativity Space

Tuesday, June 17, 10:30-11:30 am, New Lebanon Branch

Schedule of Colorful Creatures to Love with Wild Hearts African Farm July Sessions (advanced registration for these sessions will open on Sunday, June 1):

Tuesday, July 1, 6-7 pm, Burkhardt Branch

Wednesday, July 2, 10:30 am-11:30 am, Northmont Branch

Wednesday, July 9, 10:30-11:30 am, West Branch

Monday, July 14, 10:30 am-11:30 am, Huber Heights Branch

Tuesday, July 15, 10:30-11:30 am, Electra C. Doren Branch

Wednesday, July 16, 10:30-11:30 am, Southeast Branch

Tuesday, July 22, 2-3 pm, Vandalia Branch

Wednesday, July 23, 10:30-11:30 am, Northwest Branch

Saturday, July 26, 10:30-11:30 am, West Carrollton Branch

Wednesday, July 30, 4-5 pm, Wilmington-Stroop Branch

For more information and to register, visit DaytonMetroLibrary.org or call the Library's Ask Me Line at 937.463.2665.

‘She Gave Me Life Twice’: Mom Donates Kidney to Daughter— Then They Graduate Nursing School Together

After years of battling a rare kidney disease that nearly claimed her life, Ambrealle Brown and her mother, Nija Butler, are now living proof that love and resilience can defy the odds.

The Louisiana mother-daughter duo recently walked across the graduation stage together, both earning their nursing degrees, just two years after Butler donated a kidney to save her daughter's life.

For Brown, 34, the road to that moment was paved with hardship, heartbreak, and ultimately, hope.

In 2016, while working on prerequisites for nursing school, Brown was diagnosed with Focal Segmental Glomerulosclerosis (FSGS), a rare and potentially fatal kidney condition. Her life quickly began to revolve around grueling dialysis treatments lasting up to 13 hours a day. The dream of becoming a nurse was put on indefinite hold.

"She wanted to give up," Butler, 48, recalled. "She was tired of just being connected to a tube."

Then came the turning point. Although doctors had once ruled her out as a viable donor, Butler quietly underwent testing and discovered she was, in fact, a match. In March 2023, she gave her daughter the ultimate gift—a kidney.

"I didn't even tell her I was getting tested," Butler said. "I didn't want to get her hopes up. But when she called to tell me she was getting a transplant, I already knew. I said, 'It's me.'"

The transplant, performed by doctors at Tulane University School of Medicine, was Louisi-



Nija Butler (L) and Ambrealle Brown

ana's first robotic-assisted kidney transplant—a minimally invasive procedure designed to reduce pain and recovery time. The success of the operation gave Brown her life back. And for the first time in years, she could focus on her dream again.

So could her mother.

For 16 months, the two studied side-by-side at the Baton Rouge General School of Nursing. In April, they graduated together, proudly wearing white caps and gowns—a symbolic and emotional full-circle moment.

"I couldn't have done it without her," Brown said. "I'm happy I was able to go through that milestone with her, side by side."

Brown has since accepted a position in a burns intensive care unit, while Butler continues her work at a psychiatric facility.

The pair now hopes to use their platform to advocate for kidney disease awareness, the importance of organ donation, and the power of not giving up.

"Thank you for giving me life twice," Brown told her mother during an interview with the Associated Press. "Most people don't get do-overs."

Butler wiped away a tear and responded, "And I would do it again."

Health

DML: Taking Care of Older Adults

During June, Dayton Metro Library will host many programs geared toward an older adult audience and others, offering a variety of programs that focus on sharing, educating, obtaining resources, and caregiving.

Senior Social Club, every Tuesday through August 19, 2-3 pm, Kettering-Moraine Branch: This program is for seniors and older adults to socialize and relax. Chat about sports or history; work on a puzzle or craft!

Senior Farmers Nutrition Program Informational Sessions will be held at several Branches throughout the summer. Learn about the Ohio Senior Farmers Market Nutrition Program (SFM-NP), an opportunity for older adults to receive \$50 in benefits to spend on fresh, locally grown produce, herbs, and honey at participating farmers markets. Learn how to qualify, how to apply, and how to use the benefits. The following Branches will host sessions in June, each one from 11 am-12 pm:

- Northmont Branch, Tuesday, June 10
- Brookville Branch, Monday, June 16
- Trotwood Branch, Tuesday, June 17
- New Lebanon Branch, Monday, June 23
- Kettering-Moraine Branch, Monday, June 30

Additionally, a July session at the West Branch will take place on Tuesday, July 15, also from 11 am-12 pm.

Memory Café, Wednesday, June 11, 11 am-12 pm, Brookville Branch: This casual setting is perfect for a social gathering to reminisce, share stories, and chat with others. While geared for older adults, this program is ideal for caregivers or anyone who would like to chat with and learn about those with different life experiences. Registration is required.

Scams & Frauds Impacting Older Adults, Monday, June 16, 10-11 am, Miamisburg Branch: Presented by the Montgomery County Sheriff’s Office, this program will educate older adults and their caregivers about the various types of scams and frauds that target seniors.

Conversations Across Generations, Wednesday, June 11, 3:30-4:45 pm, Kettering-Moraine Branch: Older adults will share their stories, offering insight into history, culture, and life experiences. Patrons of all ages will gain valuable insights into resilience, love, and lessons learned throughout life. All ages are welcome, but some topics may not be suitable for younger children.

Caregiver’s Book Club: Reading for Renewal, Tuesday, June 10, 6-7 pm, Miami Township Branch: This book club is designed to support those who provide care for family members, friends, or loved ones. Along with the Area Agency on Aging, the Branch provides a space where those can connect, unwind, and recharge. Sharing caregiving tips, discussing challenges, and learning about local resources are included,

in addition to discussing the book of the month.

June 10 book: Letters from Madelyn by Elaine K. Sanchez

July 8 book: Positive Caregiving: Caring for Older Loved Ones Using the Power of Positive Emotions by Sarah Teten Kanter

Special Three-Part Series at the West Carrollton Branch:

Introduction to Alzheimer’s & 10 Warning Signs, Monday, June 16, 5:30-6:45 pm: Learn how to recognize common signs of Alzheimer’s, how to approach someone about memory concerns, the importance of early detection, the benefits of a diagnosis, possible tests and assessments for the diagnostic process, and Alzheimer’s Association resources that are available.

Documentary Film: Taking Care, Monday, June 23, 5:30-6:45 pm: Taking Care is a documentary film that follows Seth Rogen and his wife, Lauren Miller Rogen, as they navigate challenges with Lauren’s mother’s early-onset Alzheimer’s. After the film, patrons will be welcome to share their successes and resources that have helped them navigate their journeys.

Empowered Caregiver: Communicating Effectively, Monday, June 30, 5:30-6:45 pm: Learn how dementia affects communication, how person-centered approaches can improve communication, and more.

For more information and to register if required, visit DaytonMetroLibrary.org or call the Library’s Ask Me Line at 937.463.2665.

As Number of Americans Living with Alzheimer’s Climbs, Proactive Brain Health Behaviors Are Essential... Continued from Page 1



fying risk factors, such as controlling blood pressure and engaging in physical activity. Research shows that adopting healthy behaviors – like not smoking and good quality sleep – can improve brain health and reduce the risk of cognitive decline.

“Alzheimer’s & Brain Awareness Month offers the perfect opportunity for Ohioans to take charge of their brain health,” said Annemarie Barnett, executive director of the Alzheimer’s Association Greater Cincinnati and Miami Valley Chapters.

“We want people to know there are steps they can take to keep their brains healthy. We encourage anyone experiencing memory or thinking problems to talk to their doctor. There are many possible causes — and if it is Alzheimer’s disease, there are numerous benefits to getting a timely diagnosis, including treatments now available if it is diagnosed early.”

The Alzheimer’s Association is offering five suggestions for taking charge of brain health and spreading awareness:

1. Incorporate healthy habits that may reduce the risk of cognitive decline: Based on mounting scientific evidence, the Alzheimer’s Association encourages individuals to incorporate these 10 Healthy Habits — such as challenging the mind and eating healthier foods — to help protect brain health. It’s never too early to take charge of your brain health.

2. Learn the early warning signs of Alzheimer’s and other dementia: Many people equate Alzheimer’s to normal aging. There are com-

mon signs that can signal dementia rather than aging, including altered judgment, mood changes, challenges in decision making, and planning and carrying out projects. While some memory changes can be a normal part of the aging process, when these changes interfere with daily living or stray drastically from the person’s normal behavior, it’s best to get them checked. The Alzheimer’s Association offers these 10 Early Signs and Symptoms of Alzheimer’s to help people identify potential warning signs of the disease.

3. Be proactive in addressing memory and thinking problems: Studies show many individuals experiencing memory and thinking problems often put off discussing them with a doctor. However, early detection and diagnosis of Alzheimer’s and other dementia offers the best opportunity for care, management and treatment. It also provides those diagnosed with more time to plan for the future, participate in clinical trials and maintain a higher quality of life for as long as possible. Treatments that can slow disease progression in the early stages are now available, making a timely diagnosis critically important.

4. Help accelerate disease-related research: Clinical trials hold the key to new and better treatments. Individuals living with Alzheimer’s and other dementias, caregivers and healthy volunteers are needed to participate in clinical trials that help advance research. Today, more than 50,000 participants are needed for

current Alzheimer’s clinical trials examining potential new treatments — with hundreds of thousands more needed in broader dementia research studies. Alzheimer’s Association TrialMatch® is a free, easy-to-use service that connects interested individuals with appropriate trials.

5. Volunteer with the Alzheimer’s Association: As an Alzheimer’s Association volunteer, you can help those in your community take steps to reduce their dementia risk and recognize the signs of Alzheimer’s. Our education and support programs are flexible and easy to learn, giving you the opportunity to become a leader in the effort to end Alzheimer’s. An added benefit is that research shows volunteering is good for the brain.

For the first time, the number of people living with Alzheimer’s disease in the U.S. is more than 7 million. That includes 236,200 in Ohio, according to the 2025 Alzheimer’s Disease Facts and Figures. Deaths due to Alzheimer’s more than doubled (142%) between 2000 and 2022, while deaths from the leading cause of mortality (heart disease) decreased by 2.1%.

To learn more about Alzheimer’s or other dementia and to access free support and resources, visit alz.org/dayton or call the Miami Valley Chapter at 937.291.3332 or the 24/7 Helpline at 800.272.3900.

Learn the Facts About Transgender Healthcare at DML

Dayton Metro Library will host Facts Over Feelings: The Truth About Transgender Healthcare on Monday, June 9, from 7-8 pm in the Main Library’s Opportunity Center.

A medical doctor will provide accurate medical information about the topic of transgender healthcare. This program is in partnership with the League of Women Voters of Greater Dayton Area and is for an adult audience. Registration is not required.

For more information, visit DaytonMetroLibrary.org or call the Library’s Ask Me Line at 937.463.2665.

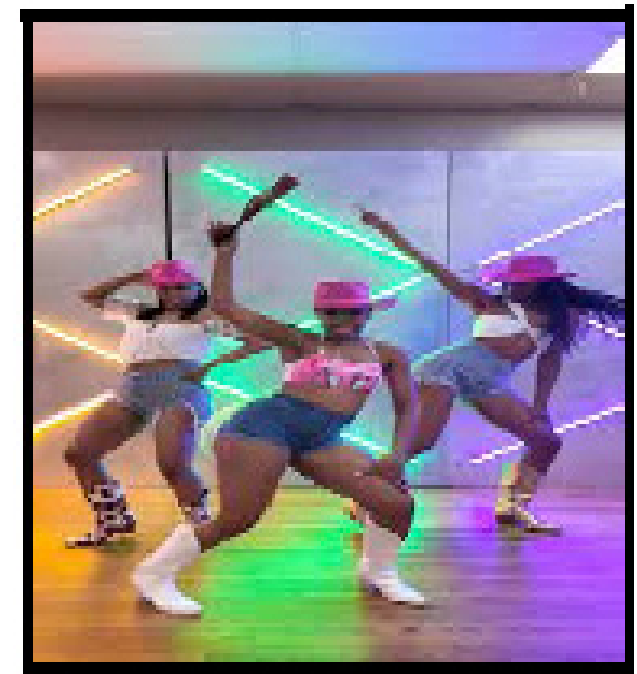
By: Miss Fit
Health & Wellness Writer

Line Dancing is a low impact form of exercise that includes gentle, choreographed movements set to a variety of music. As a total body workout, it improves weight loss, muscle tone, strength building, balance, coordination, upper body and abs. It also boosts focusness, concentration, endurance and even better sleep.

Furthermore, it reduces blood pressure, calms the mind and helps to relieve stress and depression. As a family

friendly workout, Line Dancing is easy to learn, convenient, affordable and brings people together of all ages, always consult with your health care provider before starting any new fitness or exercise program. Classic songs and dances such as, “The Bus Stop, Electric Slide, Cupid Shuffle, Wobble and Cha Cha Slide are

only to name a few. While new trends including, “Boots on the Ground, Country Girl Trail Ride, Flex and



doors, outdoors, studio or club. It’s definitely an enjoyable and effective tool to lose weight and stay healthy. As a reminder,

always consult with your health care provider before starting any new fitness or exercise program.

Classic songs and dances such as, “The Bus Stop, Electric Slide, Cupid Shuffle, Wobble and Cha Cha Slide are only to name a few. While new trends including, “Boots on the Ground, Country Girl Trail Ride, Flex and

Tamia are globally going viral on various popular social media platforms. If you’re ready to step into a fit and

fine new you. Grab some comfortable shoes or cowboy boots, put on some music, grab a fan and step your

way to a healthier, happier lifestyle. For more information, look online for local Line Dancing classes,

workshops or upcoming summer fitness meetups and events.

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